

HEART ATTACK



**KNOW THE SIGNS. ACT QUICKLY.
HEAD TO 24-HOUR EMERGENCY
CARE AT GERBER MEMORIAL.**

ER 24/7

Do you know the warning signs of a heart attack?

- *Pain in any of these areas:*
 - Chest
 - Back
 - Neck and/or jaw
 - Stomach
 - One or both arms
- Shortness of breath
- Cold sweats
- Nausea
- Lightheadedness
- Tightness, squeezing of chest

GERBER MEMORIAL
HEALTH SERVICES

You're just minutes to safety.

gerberhospital.org